



# Lietuvos Shotokan karatė federacija Lithuanian Shotokan karate federation

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LSKF is affiliated to: ESKA, WSKA, FSKA, WSKF and WKC

## OPEN XXII BALTIC SHOTOKAN KARATE CHAMPIONSHIP



**Organizers:** Lithuanian Shotokan Karate Federation, karate club "ALFA".

**Place:** Parko str. 12, Panevėžys, Lithuania "**CIDO**" Sport Arena

**Date:** Saturday, 20<sup>th</sup> February 2016.

**Rules:** WKC/Shotokan:

**Individual Kumite** – **Shobu Sanbon** / two third places

**Team Kumite (3+1)** – **Shobu Ippon** / one third place

**Individual Kata eliminations by flag system.**

**Final ant team Kata by point system (tokui kata) / one third place.**

### Categories:

#### KATA

<b>Male:</b>	<b>Female:</b>	<i>Kata list for eliminations</i>
6 - 7 y.	6 - 7 y.	Taikyoku-1
8 - 9 y.	8 - 9 y.	Taikyoku-1, Heian-1
10 y - 11 y.	10 - 11 y.	Taikyoku-1, Heian -1,2
12 y - 13 y.	12 - 13 y.	Heian-1,2,3
14-15 y.	14 - 15 y.	Heian - 1,2,3,4,5
16-17 y.	16 - 17 y.	Heian - 2,3,4,5, Tekki - 1
18-20 y.	18-20 y.	Heian - 2,3,4,5, Tekki - 1
Team 14-20 m.	Team14-20 m.	Tokui kata / two rounds (elimination + final)

## KUMITE

<b>Male:</b>	<b>Female:</b>	<i>Time limit</i>
6-7 y.(open),	6-7 y. (open),	1 min
8 y.(-30 kg,+30 kg), 9 y.(-32 kg,+32 kg),	8-9 y. (open),	1,5 min
10-11 y.(-35 kg), 10 y.(+35 kg), 11 y.(+35 kg),	10-11 y. (-35 kg, +35 kg),	1,5 min
12-13 y.(-45 kg),12 y.(+45 kg), 13 y.(+45 kg),	12-13 y. (-45 kg, +45 kg),	1,5 min
14-15 y.(-55 kg), 14 y.(+55 kg), 15 y.(+55 kg),	14-15 y. (open),	1,5 min
16-17 y.(-70 kg), 16 y.(+70 kg), 17 y.(+70 kg),	16-17 y. (open),	2,0 min
18-20 m.(-78 kg), 18-20m (+78 kg)	18-20 y. (open),	2,0 min
Team kumite 16-17 m. (possible to include 14-15 y.)	Team kumite 16-17 m. (possible to include 14-15 y.)	2,0 min
Team kumite 18-20 m. (possible to include 16-17 y.)	Team kumite 18-20 m. (possible to include 16-17 y.)	2,0 min

**When less than 4 competitors in a category, they will be moved to another appropriate category.**

**Competitors in categories 6-13 y. old can participate ONLY in their own age categories.**

**Competitors in categories 14-17 y. old can participate in their own age and one upper, by age, category.**

### **PROGRAMME: 20<sup>th</sup> February 2016 Saturday**

**9.30 – 10.00** - Meeting  
(judges, chief instructors).  
**10.00 –14.00** - Kata, kumite eliminations:  
10.00 – (6-7 y.), (8-9 y.), (10-11 y.)  
11.30 – (12-13 y.), (14-15 y.)  
13.30 – Team kata eliminations.  
14.00 – Awards ceremony  
(6-7, 8-9, 10-11 y.).

**14.30 – 15.00– Break.**  
**15.00 – 15.25** - Opening ceremony.  
**15.30 – 18.00-** (12-13 y.) (14-15 y.) Finals.  
(16-17 y.) Kata, kumite finals.  
(18-20 y.) Kata, kumite finals.  
Team kata, kumite finals.  
**18.30**–Awards ceremony(10-20 y.).  
**19.00** – Press conference.

**Judges:** Chief referee Alfonsas Valuntonis will be very grateful for any help offered by qualified referees (payment will be made for duties performed).

**Weight control:** weighing will be executed (selectively) before the category of competition. An athlete who does not meet the weight requirements will be disqualified (or can be moved to another category after having paid a correction fee –10 €).

**Protection: compulsory** gumshields and white gloves-mitts, groin guards (men) and chest-protectors (women) are allowed.

Each contestant must have no existing injuries and be insured against injuries: In case of injury, LSKF and all organizers do not take responsibility and will not be held liable for any compensation. It is Clubs Instructors responsibility to insure competitors prior competition. ***It is therefore strongly recommended that all competitors be insured against accidents and injuries.***

**Results:** for 1st place – 5 points, 2nd place – 3 points, 3rd place – 2 points, 4th place – 1 point. In kumite, for the 3rd place - 1,5 points

**For a team victory, the club will be awarded XXII Baltic Club Shotokan karate championship cup. Note:** points are calculated only at club, not Federation level.

**Awards:** Champions will be awarded with personal prizes, medals and diplomas, prizeman – with medals and diplomas.

### Entry Fee:

15 € for Category 1, 25 € for Cat 2, 35 € for Cat 3, 45 € for Cat 4.

30 € - for team.

5 € entry fee - for champions of 2015 y. championship:

<b>KATA</b>					
1	<b>Grvshevich Aleksandra</b>	Grodno "Fudokan"	22	<b>Aleksandra Michailova</b>	Riga "Fudzi"
2	<b>Roberta Driučikaitė</b>	Kauno "Era"	23	<b>Margarita Maksimova</b>	Riga "Fudzi"
3	<b>Karina Steimakova</b>	Ryga "Fudzi"	24	<b>Gabrielė Marozaitė</b>	Mažeikių "Danas"
4	<b>Guoda Elenauskaitė</b>	Radviliškio "Rytų kovotojas"	25	<b>Justas Miaška</b>	Radviliškio "Rytų kovotojas"
5	<b>Novik Margarita</b>	Grodno "Fudokan"	26	<b>Michails Mišins</b>	Jelgava "Vitus"
6	<b>Gabrielė Marozaitė</b>	Mažeikių "Danas"	27	<b>Arūnas Baltrušaitis</b>	Raseinių "Bushido"
7	<b>Pijus Macijauskas</b>	Radviliškio "Rytų kovotojas"	28	<b>Simonas Sapnovas</b>	Zarasų "Zarasai"
8	<b>Arūnas Baltrušaitis</b>	Raseinių "Bushido"	29	<b>Lukas Vileikis</b>	Šiaulių "Baltasis tigras"
9	<b>Matas Katauskas</b>	Garliavos "Budo"	30	<b>Murin Mikhail</b>	Minsk "Phoenix"
10	<b>Augustas Vilkas</b>	Garliavos "Budo"	31	<b>Dmitrijs Zvonkovs</b>	Daugavpils LFSKA
11	<b>Noreiko Kirill</b>	Minsk "Phoenix"	32	<b>Drozdovs Matvej</b>	Minsk "Phoenix"
12	<b>Matas Krūgelis</b>	Radviliškio "Rytų kovotojas"	33	<b>Simonas Loda</b>	Garliavos "Budo"
13	<b>Deimantas Jurgutavičius</b>	Šiaulių "Baltasistigras"	34	<b>Justas Steponkevičius</b>	Garliavos "Budo"
14	<b>Neda Jucys</b>	Mažeikių "Žemaitis"	35	<b>Shipelevskij Nikita</b>	Minsk "Phoenix"
15	<b>Erik Mednikov</b>	Daugavpils LFSKA	36	<b>Vinsent Sivachov</b>	Daugavpils LFSKA
16	<b>Mividas Kubilius</b>	Kauno "Era"	37	<b>Girts Vorobjovs</b>	LV-LKA
17	<b>Julius Žukauskas</b>	Kauno "Era"	38	<b>Matas Žymanatas</b>	Šiaulių "Baltasis tigras"
<b>KUMITE</b>			39	<b>Ubeika Kasparas</b>	Utenos "Impulsas"
18	<b>Viktorija Pranciliauskaitė</b>	Pakruojo "Cunami"	40	<b>Domantas Brazauskas</b>	Kauno "Samurajus"
19	<b>Melita Mikalevičiūtė</b>	Radviliškio "Rytų kovotojas"	41	<b>Dmitrijs Jurasovs</b>	Riga "Fudzi"
20	<b>Vaida Astaskauškaitė</b>	Garliavos "Budo"	42	<b>Dominykas Gidra</b>	Kauno "Samurajus"
21	<b>Simona Lebenskaitė</b>	Radviliškio "Rytų kovotojas"	43	<b>Julius Žukauskas</b>	Kauno "Era"
			44	<b>Ernestas Kriskus</b>	Panevėžio "Alfa"

**Application Forms** must be sent before **16<sup>th</sup> of February 2016 y**, to:

e-mail: [a.valuntonis@shotokan.lt](mailto:a.valuntonis@shotokan.lt)

You can download entry forms from our web site: [www.shotokan.lt](http://www.shotokan.lt)

**President of LSKF**  
Kazimieras Bartkevičius  
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**Chief judge**  
Alfonas Valuntonis  
tel. mob.: 370–686 55 472

### Accommodation:

Hotel **PANEVĖŽYS 2\*** address: **Laisvės ave. 26 Panevėžys** (from ~ 25€ /person)

[www.lithuanianhotels.com/hotels/Panevezys](http://www.lithuanianhotels.com/hotels/Panevezys)

Hotel **PERVAŽA 2\*** address: **Smėlynės str.112, Panevėžys**(from ~ 20€ /person)

[www.pervaza.lt](http://www.pervaza.lt)

Hostel **Sport “Olimpas”** address: **Liepų al. 4, Panevėžys**(from ~ 20€ /person)

